

INCLUSIVE ADAPTIVE MARTIAL ARTS ASSOCIATION

Together for inclusive martial arts!

Career path

After obtaining my high school diploma of science in biochemistry at the university of Ottawa. I was accepted to the Medicine University Faculty of Sherbrooke. It is in 2002 I finished my doctorate in medicine with a speciality in cardiology. I completed, in 2008, a fellowship in specialized cardiac ultrasound at the University of Montreal. I am a cardiologist sonographer at the University hospital of Sherbrooke and assistant professor to the Medicine Faculty of Sherbrooke University since 2009.

Motivation

Since my youngest age, I have been passionate about martial arts. They were for me a magnificent school of life. The beauty of this art, is that it bring us to exceed our limits joyfully and fraternise. They are made for all, young and old, men and women, no matter the talent and physical shape. Each can progress at their own pace, and this in the utmost respect.

I am honoured to be the spokeswoman for the association of adapted martial arts, which embodies, for me, the values of respect, equality, perseverance and achieving higher goals for oneself. It is with groups such as this one that I can believe in a better future, in a better society.

Sporting history

A dominant athlete known at national and international levels. The sporting history of Btissama is strewn with success thanks to the extent of her intelligence and understanding of the tactics and the strategies connected to fighting. In time, she developed a magnificent capacity of analysis coupled with a keen sense of anticipation.

Btissama had the capacity to remain extremely quiet and present in the most important moments at the end of the fight or in overtime. A very disciplined athlete, she always tried to improve herself in order to reach the highest summits, of which she did so most brilliantly.

Btissama participated at the FMK World Championship in 1996, 1998, 2000, 2002 et 2004.

She has also participated in the senior Pan-American Championships in 1997, 1999, 2000, 2001, 2002, 2003 and 2004. In 11 participations in the Canadian Championship, Btissama won 34 medals among which 21 gold medals, 7 silver and 6 bronze;

- At the Pan-American Championship, she won 11 medals, among which 2 gold medals, 4 silver and 5 bronze;
- 1999, at the Pan-American Games, in Winnipeg Btissama represented Canada where she won the bronze, then in 2003, in the Dominican Republic she won the silver medal;
- At the Paris Open, she won, in 3 participations, 1 gold medal and 2 bronze, then in the Holland Open in the Commonwealth Championship, she won the silver medal;
In 2000, at the Germany World Championship, Btissama ended in 5th position in team fighting;

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In 2002, at the Spain World Championship, she finished in 5th place in individual fighting - 53 kg

During the annual banquet for the National Karate Association, Btissama was honoured with 9 titles: 1996: Aktugawa Cup (trophy sport-study)

1998/1999: Senior feminine athlete of the year (best performance of the year)

1998 : Senior feminine athlete by excellence.

1999/2000 : Senior feminine athlete by excellence(best performance of the year)

1999: Best sportsmanship

2000 : Senior feminine athlete by excellence

2001 : Senior feminine athlete by excellence

2001 : Actugawa Cup (trophy sport-study)

2002 : Senior feminine athlete by excellence

Thanks her leadership, Btissama was the captain for the Quebec and Canadian teams on numerous occasions. She was a coaching partner for the Quebec Team in 2010 and 2011.