

INCLUSIVE ADAPTIVE MARTIAL ARTS ASSOCIATION
Together for inclusive martial arts!

Dojo members

St-Hyacinthe, Drummondville Région:

New adapted karate classes offered at the Shimai Dojo school for martial arts.

In autumn, 2016, encouraged by leading instructor Sensei Jézabelle Legendre. We created an adapted karate course for people with an autism spectrum disorder. Sensei Laurie Legendre and Senpai Nathalie Robin, both karatekas and mothers of teenagers with ASD, it was only natural for us to launch ourselves into this adventure. Formed and supported by ADAMA, we are happy to be able to offer this form of service for this specific clientele.

Sensei Laurie Legendre and Senpai Nathalie Robin

Classes parent-child offered every Saturday.

Where : Dojo Ste-Hélène-de-Bagot, 775 Paul-Lussier street, room 125

Cost : 120\$ for 11 courses of 60 minutes (The cost includes child and parent)

Children aged 6 years and older (All levels of ASD is accepted)

To contact us :

Sensei Laurie Legendre (450) 518-1896

Mohamed Jelassi: Trainer in chief of the Club MAG and founder of ADAMA

Academic profile :

Academic profile: holder of: * Master's degree in communication, * Master's degree in educational intervention with the pupils having intrusive development disorder. Main author of the textbook KaraTED.

Sports profile: practise Karate for 20 years.

Holder of a black belt 3rd dan. Holder of a PNCE level 3 from the Canadian trainers association. The former national member for the Tunisian team as well for the Quebec team. International champion in Karate.

Professional profile: 2006-2007: Person in charge of communications within the Quebecois federation for autism. 2007-2009: General coordinator of Karate Quebec 2010 until today: Technician in specialized education with the school board.

Louise Provencher: Chief trainer and founder of the sports Academy of Montreal. Trainer with Karate Quebec

In September, 1982, Louise begins learning karate and wins the world Chito-Ryu in 1995. In 1990, she begins teaching karate. In 1998, she becomes a trainer at a provincial and national levels. In 2000, she teaches classes at the PNCE. To this day, she continues with her implication in the training and formation in educating coaches. From 2003 to 2007, Louise sits on the administrative council of Karate Quebec. In 2003, Louise is appointed Technical director for the Yoshukan style in Canada.

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Involved in karate since 1982. World Champion of Chito-Ryu in 1995.

Certified level 4 PNCE - National certification program for trainers. Karate PNCE Master teacher.

Yoshukan style technical director of Canada. Oversee 3 karate schools.

Handikarate: 12 weeks 150\$. Schedule Tuesdays 18h20 – 19h20. For more info see:

<http://www.academiesportivemontreal.ca>

André Langevin: Chief Trainer of Autisme Karaté Rive Sud and Centre Gold

Photo Journal Canada Français.

Adapted Martial Arts classes. Every Saturday at noon. Adapted classes: \$55 a month for you and your child. Where: Marcellin Champagnat college, 14 Chemin Des Patriotes.

Other available classes at the Centre Gold in Montreal, an association dedicated in helping people with an autism disorder and their parents.

Every Sunday from 11 am to noon at 5331, rue Ferrier Montréal, Savanna Métro.

Media://www.cbc.ca/news/canada/montreal/father-and-son-fight-autism-with-karate-1.2491187.

Michel Turpin: Chief Instructor at the Studios Unis de Laval

Michel has been practising the martial arts for more than 20 years.

Holder of a black belt 4th dan - Nick Cerio Kenpo: Black belt 3rd dan - Shorin Ryu and is a certified physical trainer. It is with pleasure that we propose an exceptional program of adapted Kenpo proven to be effective in many schools and center. We advocate a unique approach, with the aim of promoting inclusion by means of adapted martial arts, in particular for people with a ASD, DI, TDAH as well as people with physical limitations.

Our instructors trained and certified by ADAMA (Association of Development of the Adapted martial arts) as well as by Altergo (Support leisure for people with ASD).

12 classes (1 per week)

Cost : 63\$ per month. Total of 189\$

When : Every Saturday

Where : Classes at any time!

Our program is also available in your school and/or centers. Do not hesitate to communicate with us, it will be a pleasure for us to answer your questions.

studiosunis.com/laval